

ZASHA OCHOA

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Certified Expanded Functions Dental Assistant (Florida Board-Approved)

Motivated and dependable Expanded Functions Dental Assistant (EFDA) with hands-on experience assisting in restorative, preventive, and cosmetic procedures. Completed 60 hours of clinical training at Palms Dental Care, gaining strong competencies in chairside assisting, radiology, intraoral imaging, sterilization, and Dentrix software. Currently earning an Associate of Arts in Health Science Pathway at Palm Beach State College. Compassionate, highly coachable, detail-oriented, and committed to providing excellent patient care. Seeking full-time employment with a professional, patient-focused dental team.

PROFESSIONAL EXPERIENCE

2025 | Palms Dental Care | Lake Worth, FL | Expanded Functions Dental Assistant (Externship)

Completed 60 hours of supervised clinical training assisting with restorative, preventive, and diagnostic procedures. Gained hands-on experience in radiology, intraoral imaging, chairside support, sterilization, and patient communication in a fast-paced dental practice.

Key Duties:

- Assisted dentists chairside during restorative and preventive procedures.
- Captured dental radiographs, intraoral photos, and digital scans.
- Prepared operatories, instruments, and materials for procedures.
- Followed OSHA and HIPAA standards for sterilization and infection control.
- Supported patient comfort, communication, and post-op instruction.
- Documented procedures and updated charts using digital software.

Key Achievements:

- Successfully completed 60 hours of hands-on clinical training with excellent feedback from supervising staff.
- Commended for strong chairside manner, adaptability, and quick learning.
- Demonstrated consistent accuracy in radiographs, imaging, and operatory preparation.

2024 – Present | Plato's Closet | Wellington, FL | Shift Leader

Oversee daily store operations while leading team members to maintain excellent customer service, sales support, and workflow efficiency in a fast-paced retail environment.

Key Duties:

- Supervised shifts, trained new employees, and coordinated daily workflow.
- Handled cash management, register operations, and end-of-day balancing.
- Resolved customer issues professionally and ensured positive experiences.
- Maintained an organized sales floor, restocked merchandise, and supported inventory tasks.

Key Achievements:

- Promoted to Shift Leader for reliability, leadership, and exceptional customer service.
- Maintained consistent store performance and positive customer feedback during independently managed shifts.
- Strengthened leadership and multitasking skills highly transferable to dental environments.

EDUCATION

- **Florida Board-Approved EFDA** | Smart Dental Assistant School | *Graduated 2025*
 - **Associate of Arts, Health Science Pathway** | Palm Beach State College | *Expected Graduation: May 2026*
 - **High School** | Dr. Joaquin Garcia High School | *Class of 2025*
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CERTIFICATIONS

Expanded Functions Dental Assistant (Florida Board-Approved) | Dental Radiology Certification | BLS + CPR + AED | OSHA & HIPAA Compliance | Adobe Illustrator | Adobe Photoshop | Entrepreneurship & Small Business

CLINICAL TRAINING & COMPETENCIES

- **Restorative Procedures:** Temporary Crown & Bridge Fabrication | Cementation Of Temporary Crowns | Removal Of Excess Cement | Placement/Removal Of Matrix Bands & Wedges
 - **Preventive Care:** Coronal Polishing | Sealant Placement | Application Of Topical Anesthetic & Fluoride | Suture Removal | Placement/Removal Of Periodontal Dressing
 - **Radiology & Technology:** Dental Radiographs | Intraoral Camera | Intraoral Scanner (Digital Impressions) | Dentrix Software & Digital Charting
 - **Clinical Laboratory Skills:** Alginate Impressions | Pouring & Trimming Study Models | Bleaching Tray Fabrication
 - **Operatory Support:** Rubber Dam Placement | Gingival Retraction Cord Placement | Instrument Sterilization | Operatory Setup & Breakdown
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TECHNICAL SKILLS

Chairside Assisting | Dental Radiography | Intraoral Imaging | Intraoral Scanner | Coronal Polishing | Sealants | Topical Anesthetic | Topical Fluoride | Dentrix | OSHA/HIPAA | Sterilization | Digital Charting

CORE STRENGTHS

Adaptable | Compassionate | Coachable | Detail-Oriented | Team-Focused | Professional Communication | Positive Attitude | Reliable & Responsible | Calm Under Pressure | Strong Work Ethic