



# ZASHA OCHOA

Wellington, FL | (561) 542 - 3103 | [zashaochoa@gmail.com](mailto:zashaochoa@gmail.com) | [www.zashaochoa.com](http://www.zashaochoa.com)

Dear Hiring Manager,

My name is Zasha Ochoa, and I am a Certified Expanded Functions Dental Assistant (Florida Board-Approved) with hands-on clinical experience in restorative, preventive, and diagnostic dentistry. I am reaching out because I would love the opportunity to bring my strong work ethic, dependability, and patient-centered approach to your dental team.

During my clinical training at Palms Dental Care in Lake Worth, I gained real-world experience assisting with chairside procedures, taking dental radiographs, completing intraoral imaging and digital scans, preparing operatories, managing sterilization, and supporting patient comfort throughout their visit. My instructors consistently praised my attention to detail, professionalism, and ability to stay calm and focused in a fast-paced environment.

What I offer goes beyond my EFDA certification. I am highly coachable, reliable, and committed to excellence. I take direction well, adapt quickly, and genuinely care about doing things correctly and efficiently. My background as a Shift Leader at Plato's Closet demonstrates my ability to handle responsibility, maintain organization, and deliver outstanding customer service. Additionally, my work as a Private Violin Instructor strengthened my communication, patience, and ability to help individuals, especially children, feel comfortable and supported.

I pride myself on being someone who shows up prepared, learns fast, and contributes positively to any team I join. I care deeply about providing high-quality care and ensuring every patient feels valued and heard. I am currently seeking a Dental Assistant opportunity where I can grow, contribute, and become a long-term asset to the practice.

I would truly appreciate the opportunity to interview and show you the professionalism, dedication, and positive attitude I bring to every role. Thank you for considering my application, I am confident that I can add value to your team, and I look forward to the chance to meet with you. For a more detailed look at my clinical training, skills, and experience, I invite you to visit my online portfolio at: [www.zashaochoa.com](http://www.zashaochoa.com)

Warm regards,

Zasha Ochoa



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## EXPANDED FUNCTIONS DENTAL ASSISTANT

Motivated and dependable Expanded Functions Dental Assistant (EFDA) with hands-on experience assisting in restorative, preventive, and cosmetic procedures. Completed 60 hours of clinical training at Palms Dental Care, gaining strong competencies in chairside assisting, radiology, intraoral imaging, sterilization, and Dentrix software. Compassionate, highly coachable, detail-oriented, and committed to providing excellent patient care. Seeking employment with a professional, patient-focused dental team.

## EXPERIENCE

### Expanded Functions Dental Assistant (Externship) Palms Dental Care | Lake Worth, FL | 2025

Completed 60 hours of supervised clinical training assisting with restorative, preventive, and diagnostic procedures. Gained hands-on experience in radiology, intraoral imaging, chairside support, sterilization, and patient communication in a fast-paced dental practice.

#### Key Duties:

- Assisted dentists chairside during restorative and preventive procedures.
- Captured dental radiographs, intraoral photos, and digital scans.
- Prepared operatories, instruments, and materials for procedures.
- Followed OSHA and HIPAA standards for sterilization and infection control.
- Supported patient comfort, communication, and post-op instruction.
- Documented procedures and updated charts using digital software.

#### Key Achievements:

- Successfully completed 60 hours of hands-on clinical training with excellent feedback from supervising staff.
- Commended for strong chairside manner, adaptability, and quick learning.
- Demonstrated consistent accuracy in radiographs, imaging, and operatory preparation.

## EDUCATION

- **Florida Board-Approved EFDA** | Smart Dental Assistant School | Graduated 2025
- **A.A, Health Science Pathway** | Palm Beach State College | Expected Graduation: May 2026
- **High School** | Dr. Joaquin Garcia High School | Class of 2025

## CERTIFICATIONS

- Expanded Functions Dental Assistant (Florida Board-Approved)
- Dental Radiology Certification
- BLS + CPR + AED
- OSHA & HIPAA Compliance
- Adobe Illustrator
- Adobe Photoshop
- Entrepreneurship & Small Business

## CLINICAL TRAINING

- **Restorative Procedures:** Temporary Crown & Bridge Fabrication | Cementation Of Temporary Crowns | Removal Of Excess Cement | Placement/Removal Of Matrix Bands & Wedges
- **Preventive Care:** Coronal Polishing | Sealant Placement | Application Of Topical Anesthetic & Fluoride | Suture Removal | Placement/Removal Of Periodontal Dressing
- **Radiology & Technology:** Dental Radiographs | Intraoral Camera | Intraoral Scanner (Digital Impressions) | Dentrix Software & Digital Charting
- **Clinical Laboratory Skills:** Alginate Impressions | Pouring & Trimming Study Models | Bleaching Tray Fabrication
- **Operatory Support:** Rubber Dam Placement | Gingival Retraction Cord Placement | Instrument Sterilization | Operatory Setup & Breakdown

## TECHNICAL SKILLS

- Dentrix
- Sealants
- Sterilization
- OSHA/HIPAA
- Topical Fluoride
- Digital Charting
- Intraoral Imaging
- Intraoral Scanner
- Coronal Polishing
- Topical Anesthetic
- Chairside Assisting
- Dental Radiography

## CORE STRENGTHS

- Detail-Oriented
- Team-Focused
- Positive Attitude
- Strong Work Ethic
- Reliable and Responsible
- Adaptable and Coachable
- Professional Communication
- Compassionate and Calm Under Pressure