ZASHA OCHOA

Wellington, FL | (561) 542 - 3103 | zashaochoa@gmail.com | www.zashaochoa.com

Dear Hiring Manager,

I am reaching out to introduce myself and express my interest in joining your practice as a Dental Assistant. As an Expanded Functions Dental Assistant and Florida licensed Dental Radiographer, I bring hands-on experience in general, restorative, surgical, implant, prosthodontic, and digital dentistry. I would welcome the opportunity to contribute from day one while continuing to grow with a team that values excellent patient care.

During my time at Aspen Dental, I supported dentists through a wide range of procedures, from routine restorative treatment and digital imaging to extractions, bone grafting, implant procedures, dentures, and All-on-X cases. My responsibilities included chairside assistance, radiographs, intraoral scans, impressions, temporary crowns, infection control, operatory preparation, clinical documentation, and helping patients feel comfortable throughout their visits.

Beyond my clinical training, I bring the qualities I believe make an excellent Dental Assistant: reliability, attention to detail, compassion, professionalism, adaptability, and a strong willingness to learn. I take feedback seriously, work hard to anticipate the needs of the dentist and clinical team, and understand that excellent dentistry is not only about completing procedures efficiently, it is also about helping patients feel comfortable, informed, and cared for throughout their experience.

I am continuing my education at Palm Beach State College while building my career in dentistry, and I am looking for an opportunity where I can contribute the experience I have already developed while continuing to grow alongside a skilled and patient-focused dental team. I am especially interested in a practice that values quality care, teamwork, professional development, and employees who are motivated to keep learning.

I would truly appreciate the opportunity to interview and demonstrate the professionalism, work ethic, clinical foundation, and positive attitude I would bring to your practice. I have enclosed my résumé for your review and would welcome the opportunity to discuss how my experience could support your doctors, team, and patients. For a more detailed look at my clinical experience, training, certifications, and competencies, I invite you to visit my online portfolio at **www.zashaochoa.com**

Thank you for your time and consideration. I look forward to the possibility of speaking with you.

Warm regards,



Zasha Ochoa

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General Dentistry | Surgical & Implant Assistance | Prosthodontics | Digital Dentistry

DENTAL ASSISTANT | EXPANDED FUNCTIONS (EFDA)

Expanded Functions Dental Assistant with hands-on clinical experience supporting general, restorative, surgical, prosthodontic, and implant dentistry. Experienced in chairside assisting, dental radiography, digital intraoral scanning, impressions, infection control, patient education, temporary crown fabrication, dentures and partials, extractions, bone grafting, implant procedures, and All-on-X cases. Known for strong patient communication, attention to detail, adaptability, and effective collaboration in fast-paced clinical environments.

EXPERIENCE

Dental Assistant | EFDA

Aspen Dental | Boca Raton, FL | 02/2026 - 10/2026

Provide chairside, clinical, and patient-care support within a fast-paced dental practice, collaborating with dentists and the clinical team across general, restorative, prosthodontic, surgical, and implant procedures. Support efficient patient flow, infection-control standards, clinical documentation, digital workflows, and a positive patient experience.

Key Duties:

- Provide chairside assistance during general, restorative, prosthodontic, surgical, and implant procedures through organized preparation, suction, retraction, instrument transfer, material preparation, and anticipation of clinical needs.
- Perform dental radiography, digital intraoral scanning, impressions, bite registrations, operatory setup and breakdown, sterilization, infection control, patient handoffs, clinical charting support, and patient oral-health education.
- Assist with complete and partial denture workflows, including impressions, bite registrations, wax try-ins, adjustments, repairs, relines, rebases, immediate dentures, and final deliveries.
- Assist with simple and surgical extractions, bone grafting, alveoloplasty, dental implant placement, implant uncovering, healing abutments, implant scans, implant crowns, and postoperative care.
- Support All-on-X and implant-supported prosthetic cases through surgical preparation, digital records and scanning, chairside assistance, prosthetic procedures, adjustments, and restoration delivery.
- Fabricate temporary crowns, assist with denture soft relines, maintain accurate clinical documentation, and collaborate across the dental team to support efficient workflow and patient satisfaction.

Professional Growth:

- Expanded clinical experience from foundational dental assisting into surgical dentistry, implant dentistry, prosthodontics, and full-arch restorative workflows.
- Developed greater chairside efficiency and the ability to anticipate procedural needs while supporting increasingly complex treatment.
- Strengthened patient communication, teamwork, adaptability, and clinical workflow management within a fast-paced practice.

CONTACT

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CERTIFICATIONS

- Expanded Functions Dental Assistant
- Florida Licensed Dental Radiographer
- Dental Radiology Certification
- BLS + CPR + AED
- OSHA & HIPAA Compliance
- Adobe Illustrator
- Adobe Photoshop

CLINICAL SKILLS

- **Chairside & Clinical Operations:** Chairside Assistance | Operatory Setup & Breakdown | Infection Control & Sterilization | Patient Flow & Handoffs | Clinical Charting Support
- **Surgical & Implant Dentistry:** Simple & Surgical Extractions | Bone Grafting | Alveoloplasty | Dental Implant Surgery Assistance | Implant Uncovering | Healing Abutments | Implant Scanning | All-on-X | Implant-Supported Prosthetics | Postoperative Care
- **Prosthodontics:** Complete & Partial Dentures | Immediate Dentures | Impressions | Bite Registrations | Wax Try-Ins | Relines | Rebases | Repairs | Denture Deliveries | Temporary Crowns
- **Restorative & Preventive:** Coronal Polishing | Sealants | Topical Fluoride | Topical Anesthetic | Retraction Cord | IRM | Matrix Bands & Wedges | Excess Cement Removal
- **Radiology & Digital Dentistry:** Dental Radiography | Digital Intraoral Scanning | Intraoral Imaging | Digital Implant Workflows | Clinical Documentation

TECHNICAL SKILLS

- EPMS
- Dental Practice Management Software
- Digital Patient Charting
- Digital Radiography
- Intraoral Scanning Technology
- Intraoral Imaging
- Digital Implant Scanning
- Clinical Documentation
- Microsoft Office
- Adobe Photoshop
- Adobe Illustrator

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EXPERIENCE

Dental Assistant Extern
Palms Dental Care | Lake Worth, FL | 2025
Completed 60 hours of supervised hands-on clinical training in a professional dental practice, applying EFDA education to restorative, preventive, and cosmetic procedures while developing foundational skills in chairside assistance, radiography, patient care, infection control, and clinical workflow.

Key Duties:

- Prepared instruments, materials, and operatories and provided chairside support during restorative and preventive procedures.
- Supported dental radiography, intraoral imaging and scanning, sterilization, infection control, patient education, and clinical documentation.
- Worked collaboratively with dentists, hygienists, assistants, and administrative staff to support efficient patient care and practice workflow.

Professional Growth:

- Completed 60 hours of supervised clinical experience, successfully transitioning classroom and laboratory training into hands-on patient care within a professional dental practice.

ADDITIONAL PROFESSIONAL EXPERIENCE

Shift Leader
Plato's Closet | Wellington, FL | 2024–2025
Previous leadership and customer-service experience in a fast-paced retail environment, including daily operations, staff support and training, customer relations, transaction management, inventory, and workflow coordination. Developed transferable strengths in communication, accountability, multitasking, problem-solving, teamwork, and leadership that continue to support success in patient-facing clinical environments.

EDUCATION

- **Expanded Functions Dental Assistant Program**
  Smart Dental Assistant School | Completed 2025
- **Associate of Arts (A.A.) — Health Science Pathway**
  Palm Beach State College | Expected Graduation: May 2027
- **High School** | Dr. Joaquin Garcia High School | Class of 2025

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CORE STRENGTHS

- Patient-Centered Care
- Attention to Detail
- Professional Communication
- Patient Rapport
- Team Collaboration
- Clinical Adaptability
- Coachability & Continuous Learning
- Composure Under Pressure
- Reliability & Accountability
- Time Management & Prioritization
- Chairside Anticipation
- Leadership Foundation